

Monday Blues

L – Dal Tadka, Jeera Rice, 4 Roti, Seasonal Sabji, Salad, Pickle

D – Aloo Kala Chana, Puri 5 Pc / 4 Plain Paratha, Ghee Rice, Suji Halwa, Pickle

Tasty Tuesday

L – Curry Pakora, Steamed Rice, 4 Roti, Seasonal Sabji, Salad, Pickle

D – Aloo Pyaz Paratha 2 Pc, Fried Rice, Masala Curd

Wholesome Wednesday

L – Chole Masala, 4 Roti, Jeera Rice, Mix Veg, Salad, Pickle

D – Matar Paneer, Jeera Rice, 4 Roti, Yellow Dal Fry, Gulab Jamun, Salad

Monday Blues

L – Aloo Soyabean Curry, Steamed Rice, 4 Roti, Bhindi Bhujiya, Salad, Pickle

D – Veg Kofta Curry, Matar Pulao, 4 Roti, Aloo Jeera, Suji Halwa

Tasty Tuesday

L – Lauki Chana Dal, Steamed Rice, 4 Roti, Mix Veg, Salad, Pickle

D – 4 Roti, Soya Bean Corn Fried Rice, Aloo Matar Sabji, Chutney

Wholesome Wednesday

L – Sesonal Sabji, 4 Roti, Steamed Rice, Chana Dal, Salad, Pickle

D – Chole ki sabji, Jeera Rice, 4 Roti, Aloo Jeera, Papad, Gulab Jamun

Monday Blues

L – Baingan Bari Masala, 4 Roti, Steamed Rice, Plain Dal, Salad

D – Aloo Matar, Pudina Rice, 4 Paratha, papad, seasonal sabji

Tasty Tuesday

L – Punjabi Kadhi Pakora, Steamed Rice, 4 Roti, Bhindi Fry, Salad, Papad

D – Aloo Paratha 2 Pc, Fried Rice, Papad, Salad

Wholesome Wednesday

L – Rajma Curry, 4 Plain Paratha, Steamed Rice, Sesonal Sabji, Salad, Papad

D – Soya beens, Jeera Rice, Seasonal Sabji, 4 Roti

Monday Blues

L – Dal Fry, Steamed Rice, 4 Roti, Seasonal Sabji, Salad, Pickle

D – Aloo Capsicum Curry, Jeera Rice, 4 Paratha, Suji Halwa

Tasty Tuesday

L – Arhar Dal, Steamed Rice, 4 Roti, Gajar Beans Sabji, Salad, Pickle

D – Onion Paratha 2 Pc, Veg Fried Rice, Boondi Raita

Wholesome Wednesday

L – Palak Paneer, 4 Paratha, Steamed Rice, Dry Aloo Jeera, Salad

D – Seasonal Sabji, Jeera Rice, 4 Roti, Dal Tadka, Gulab Jamun

Monday Blues

L – Rajma Masala, Steamed Rice, 4 Roti, Seasonal Sabji, Salad

D – Aloo Gajar Matar, Jeera Rice, 4 Paratha, dal, papad

Tasty Tuesday

L – Dal Makhani, Steamed Rice, 4 Roti, Gobhi Peas Sabji, pickle

D – Paneer Paratha 2 Pc, Veg Fried Rice, curd, papad

Wholesome Wednesday

L – Chole Masala, 4 Paratha, Rice, Salad, seasonal sabji

D – Seasonal Sabji, Jeera Rice, 4 Roti, Dal Fry, Papad

Dabba Menu Week 1**Soulful Biryani Sunday**

L – Veg Biryani, Cucumber Raita, Special Dessert, Salad

L = Lunch

D = Dinner

Dabba Menu Week 2**Soulful Biryani Sunday**

L – Veg Hyderabad Biryani, Cucumber Raita, Special Dessert, Salad

L = Lunch

D = Dinner

Dabba Menu Week 3**Soulful Biryani Sunday**

L – Veg Biryani, Cucumber Raita, Special Dessert, Salad

L = Lunch

D = Dinner

Dabba Menu Week 4**Soulful Biryani Sunday**

L – Veg Dum Biryani, Cucumber Raita, Special Dessert, Salad

L = Lunch

D = Dinner

Dabba Menu Week 5**Soulful Biryani Sunday**

L – Veg Hyderabad Biryani, Raita, Special Dessert, Salad

L = Lunch

D = Dinner

Thursday Thunder

L – Aloo Baingan Dry, 4 Paratha, Steamed Rice, Dal(any), Salad, Pickle

D – Dum Aloo Gravy, 4 Roti, Kala Chana Bhujiya, Rice

Friday Fiesta

L – Plain Rice, Dal(any), 4 Roti, Aloo Bhindi Bhujiya, Salad, Pickle

D – Matar ki sabji, 4 Roti, Jeera Rice, seasonal sabji

Sizzling Saturday

L – Mix Veg Khichdi / Tehri, Baingan Bhaja/aloo bhaji, Curd

D – Veg Pulao , Noodles, Gobi Manchurian, Raita

Thursday Thunder

L – Kadhi Pakora, Steamed Rice, 4 Roti, Sesonal sabji, Salad, Pickle

D – Mix dal, Steamed Rice, 4 Roti, Aloo Gobhi Capsicum Mix Veg

Friday Fiesta

L – Mushroom ki Sabji, 4 Roti, Raita, Rice, Salad, Pickle

D – Gatte Ki Sabji, 4 Paratha, Matar Pulao, seasonal sabji

Sizzling Saturday

L – Punjabi Chole, Plain Rice, 4 Plain Paratha, Aloo Bhindi Bhujiya, Salad

D – Veg Fried Rice, Veg Manchurian Gravy, Chowmein

Thursday Thunder

L – Lemon Rice, Brown Chana Masala, 4 Roti, Seasonal Sabji, Salad, Pickle

D – Bhindi Masala, Jeera Rice, Dal Makhani, 4 Plain Roti, Colorful Salad

Friday Fiesta

L – Plain Rice, Dal, 4 Roti, Seasonal Sabji, Salad, Pickle

D – Lauki k Kofta, 4 Roti, Matar Pulao, Kheer, Salad

Sizzling Saturday

L – Dal Palak Khichdi/ Tehri, Curd, Veg Pakora, Pickle

D – Veg Pulao, Sweet and Curd

Thursday Thunder

L – Chole ki sabji, Steamed Rice, 4 Roti, Dal, Salad

D – Aloo Mutter Gravy, 4 Roti, Kala Chana Sukha, Veg Pulao

Friday Fiesta

L – Plain Rice, Dal Fry, Palak Paratha 4 Pc, Bhindi Do Pyaza

D – Seasonal Sabji, 4 Roti, Jeera Rice, mix dal fry

Sizzling Saturday

L – Veg Khichdi / Tehri, Kadhi, Curd

D – Veg Pulao, Hakka Noodles, Chilli Gobi

Thursday Thunder

L – Kadhi Pakora, Steamed Rice, 4 Roti, Aloo Gobhi, pickle

D – Gatte Ki Sabji, Rice, 4 Roti, papad

Friday Fiesta

L – Plain Rice, Dal, 4 Roti, Bhindi Fry, Pickle

D – Seasonal Sabji, Dal, 4 Roti, Jeera Rice, Papad

Sizzling Saturday

L – Veg Khichdi, Curd, Pickle

D – Veg Pulao, Raita, Papad